

Los Puentes Panthers
Cross Country Schedule

<u>Date</u>	<u>Time</u>	<u>Ends</u>	<u>Host</u>	<u>Location</u>
9/9/2017	7:45 a.m.	10:30 a.m.	AHSA	JRD
9/16/2017	7:15 a.m.	11:00 a.m.	SAMS & LP	SAMS
9/23/2017	7:45 a.m.	11:00 a.m.	Cottonwood	Menaul
9/30/2017	7:45 a.m.	11:00 a.m.	South Valley	C. Stadium
10/7/2017	7:45 a.m.	11:00 a.m.	I.S. & MMCS	MDS
10/14/2017	Fall Break	Fall Break	Fall Break	Fall Break
10/21/2017	7:45 a.m.	11:00 a.m.	AHSA	JRD Final Run

Reminders for Athletes

Make sure you're dressed and ready to walk the course by 7:45 a.m., do not be late.

Make sure to wear sweats and a jacket to all meets, but have shorts and the school jersey underneath.

Locations

John Roberts Dam - Juan Tabo, North of Montgomery, just past Hope church.
JRD Limited parking at the dam. Additional parking at Osuna Rd (across from Dam), Manitoba Rd (south of dam), or other side street

Mesa Del Sol - To Be Determined, directions will be given a week prior before the run.
MDS

Community Stadium - To Be Determined, directions will be given a week prior before the run.
C.Stadium

SAMS Charter - Take I-40 W to Atrisco Blvd. (Exit 149) Turn right at the stop sign; then head north on Atrisco., (Approx. 4 miles). Take a left onto "Shooting Range Rd.", heading west (1/2 mile); turn right onto Aerospace dr. to the school parking lot and soccer field.

Menaul Trail Head - Turn east on Menaul at Tramway, follow all the way to the end, past the grassy park to the trailhead. Park in the parking area or on the street